

Contact

l.c.laraakhourik@gmail.com
055 158 1556

Links

Instagram
https://www.instagram.com/laraakhourik?igsi=MTEwaDcwaGY3a2thMg%3D%3D&utm_source=qr

Skills

Behavior Modification & Intervention
Psychological & Family Counseling
Special Education Support - ASD & LD
Academic Inclusion & Readiness
Parental Guidance & Mental Health Support
Advanced Communication & Active Listening
Adaptability & Patience

Languages

English Language — Intermediate
Arabic Language — Native

My profile online

Scan the code to visit my profile on the university website.

LARA MOHAMAD AKHOURIK

Family Guidance Specialist

Graduate of Islamic University of Minnesota — Master's degree, 2026

Summary

Professional Counselor and Behavioral Intervention Specialist holding a Master's degree in Family Counseling with Distinction (GPA: 4.72/5.0). I possess advanced expertise in designing and executing individualized behavioral programs and plans tailored for children with Autism Spectrum Disorder (ASD) and learning disabilities, focusing on meeting their behavioral and emotional needs while fostering their academic and social inclusion. Additionally, I provide specialized psychological and counseling support to families to promote children's independence and enhance overall family quality of life in accordance with evidence-based practices and scientific standards.

Work Experience

Behavioral Intervention and Counseling Specialist — **2015–Present**

Providing individual behavioral intervention and modification sessions for children to develop their developmental, social, and adaptive skills using tailored strategies. In addition to providing personal guidance and life coaching services for adults by integrating coaching skills with academic expertise in family counseling (Master's degree) to empower individuals to overcome challenges, develop coping strategies, and achieve their goals.

Shadow Teacher — **2011–2014**

Provided one-on-one tailored support for children with Autism Spectrum Disorder (ASD). Promoted self-independence across social, emotional, and communication skills. Enhanced self-management and self-esteem through patient and persistent intervention strategies.

Education

Bachelor's degree — **2025**
Islamic University of Minnesota **University verified**
Educational Sciences · Educational Sciences
Grade: **Very Good**

Master's degree — **2026**
Islamic University of Minnesota **University verified**
Educational Sciences · Family Counseling
Grade: **EXCELLENT**

Certifications & Courses

Special Needs Certified Specialist	The Swedish Egyptian Foundation for Special Needs	**2012**
Children and Adolescents Behavior Modification	Hands to Hands	**2016**
SD Math Program Certified Trainer	SD Math Institute	**2019**
Occupational Therapy & Life Skills Development for Special Needs	FCGD (Accredited by the Saudi Ministry of Education)	**2019**
Emotional Intelligence Skills	(TREE Human Resources)	**2020**
Certified Life Coach	(TREE Human Resources)	**2020**