



Contact

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Links

Instagram

https://www.instagram.com/laraakhourik?igsi=MTEwaDcwaGY3a2thMg%3D%3D&utm_source=qr

Skills

Behavior Modification & Intervention
Psychological & Family Counseling
Special Education Support - ASD & LD
Academic Inclusion & Readiness
Parental Guidance & Mental Health Support
Advanced Communication & Active Listening
Adaptability & Patience

Languages

English Language — Intermediate

Arabic Language — Native

My profile online



Scan the code to visit my profile on the university website.

LARA MOHAMAD AKHOURIK

Family Guidance Specialist

Graduate of Islamic University of Minnesota — Master's degree, 2026

Summary

Professional Counselor and Behavioral Intervention Specialist holding a Master's degree in Family Counseling with Distinction (GPA: 4.72/5.0). I possess advanced expertise in designing and executing individualized behavioral programs and plans tailored for children with Autism Spectrum Disorder (ASD) and learning disabilities, focusing on meeting their behavioral and emotional needs while fostering their academic and social inclusion. Additionally, I provide specialized psychological and counseling support to families to promote children's independence and enhance overall family quality of life in accordance with evidence-based practices and scientific standards.

Work Experience

Behavioral Intervention and Counseling Specialist 2015–Present

Providing individual behavioral intervention and modification sessions for children to develop their developmental, social, and adaptive skills using tailored strategies. In addition to providing personal guidance and life coaching services for adults by integrating coaching skills with academic expertise in family counseling (Master's degree) to empower individuals to overcome challenges, develop coping strategies, and achieve their goals.

Shadow Teacher 2011–2014

Provided one-on-one tailored support for children with Autism Spectrum Disorder (ASD). Promoted self-independence across social, emotional, and communication skills. Enhanced self-management and self-esteem through patient and persistent intervention strategies.

Education

Master's degree 2026

Islamic University of Minnesota **University verified**
Educational Sciences - Family Counseling
Grade: **EXCELLENT**

Bachelor of Educational Science 2025

Islamic University of Minnesota - Main Center

Certifications & Courses

Special Needs Certified Specialist	The Swedish Egyptian Foundation for Special Needs	2012
Children and Adolescents Behavior Modification	Hands to Hands	2016
SD Math Program Certified Trainer	SD Math Institute	2019
Occupational Therapy & Life Skills Development for Special Needs	FCGD (Accredited by the Saudi Ministry of Education)	2019
Emotional Intelligence Skills	(TREE Human Resources)	2020
Certified Life Coach	(TREE Human Resources)	2020